

Event Name U13 Girls 3.2k

Pos	Time	First Name	Last Name	Age	Team Name
1	8:49	Emma	Nicholson	U13G	Giffnock North AC
2	8:50	Emily	Taylor	U13G	Law & District AAC
3	8:58	Lena	Skrzydewska	U13G	Motherwell AC
4	8:59	Brooke	Walker	U13G	Cambuslang Harriers
5	9:03	Brooke	Dawson	U13G	Springburn Harriers
6	9:05	Abbie	Boyle	U13G	Law & District AAC
7	9:05	Zoe	Roberts	U13G	Shettleston Harriers
8	9:05	Florence	Skinner	U13G	Garscube Harriers
9	9:05	Ava	Warboys	U13G	Kilmarnock H&AC
10	9:07	Chloe	Simpson	U13G	Giffnock North AC
11	9:07	Megan	Haggarty	U13G	Kilmarnock H&AC
12	9:08	Charlotte	Buchanan	U13G	Calderglen Harriers
13	9:13	Eilidh	Stephen	U13G	Shettleston Harriers
14	9:15	Olivia	Gavin	U13G	Giffnock North AC
15	9:15	Zoe	Baillie	U13G	East Kilbride AC
16	9:16	Caitlin	Laing	U13G	VP-Glasgow AC
17	9:17	Zara	Gillespie	U13G	Airdrie Harriers
18	9:19	Isla	Milligan	U13G	Ayr Seaforth AC
19	9:19	Emma	Birrell	U13G	Giffnock North AC
20	9:19	Abigail	Good	U13G	Ayr Seaforth AC
21	9:22	Emily	Good	U13G	Ayr Seaforth AC
22	9:26	Nina	Clark	U13G	East Kilbride AC
23	9:26	Melissa	Ashelby	U13G	East Kilbride AC
24	9:39	Rosie	Callan	U13G	Inverclyde AC
25	9:41	Caoimhe	Carmichael	U13G	Whitemoss AAC
26	9:46	Anna	Macfarlane	U13G	Giffnock North AC
27	9:46	Isla	Murray	U13G	Kilbarchan AAC
28	9:46	Martha	Steel	U13G	Motherwell AC
29	9:46	Kira	Mitchell	U13G	Kilbarchan AAC
30	9:46	Willow	Smith	U13G	Springburn Harriers
31	9:51	Grace	Frood	U13G	Law & District AAC
32	9:51	Eilidh	Brown	U13G	Giffnock North AC
33	9:51	Emily	Devine	U13G	Motherwell AC
34	9:51	Charlotte	Reilly	U13G	Shettleston Harriers
35	9:51	Isla	Preston	U13G	North Ayrshire AC
36	9:54	Helena	Wotherspoon	U13G	Law & District AAC
37	9:54	Hannah	Reid	U13G	Giffnock North AC
38	9:54	Freya	Mearns	U13G	Giffnock North AC
39	9:54	Lotty	Martin	U13G	Giffnock North AC
40	9:57	Abbie	Gallagher	U13G	Giffnock North AC
41	9:57	Allyssa	Bennet	U13G	Law & District AAC
42	9:57	Lacey	Naismith	U13G	Kilmarnock H&AC
43	9:57	Mia	Tomb	U13G	Giffnock North AC
44	9:57	Constance	Gardiner	U13G	Garscube Harriers
45	10:02	Rebecca	McCulloch	U13G	Kilbarchan AAC
46	10:02	Zoe	Brown	U13G	Kilmarnock H&AC
47	10:04	Rebecca	Adams	U13G	Giffnock North AC
48	10:04	Kaiti	McCue	U13G	North Ayrshire AC
49	10:11	Ava	Starrs	U13G	Cambuslang Harriers
50	10:11	Ruby	FREELAND	U13G	Giffnock North AC

Event Name U13 Girls 3.2k

Pos	Time	First Name	Last Name	Age	Team Name
51	10:17	Elspeth	Lickerish	U13G	Motherwell AC
52	10:22	Lucy	Campbell	U13G	Kilmarnock H&AC
53	10:22	Phoebe	Bonham	U13G	VP-Glasgow AC
54	10:25	EMMA	DOOEY	U13G	Larkhall YMCA Harriers
55	10:25	Elspeth	Thorpe	U13G	East Kilbride AC
56	10:30	Lucy	Mackenzie	U13G	Helensburgh AAC
57	10:30	Chloe	Bryant	U13G	VP-Glasgow AC
58	10:33	Skyla	Mcclelland	U13G	Giffnock North AC
59	10:33	Ellie	Taylor	U13G	East Kilbride AC
60	10:33	Fern	Henderson	U13G	Giffnock North AC
61	10:33	Erica	Ross	U13G	Giffnock North AC
62	10:39	Iris	Jackson	U13G	Giffnock North AC
63	10:40	Rebecca	Pew	U13G	East Kilbride AC
64	10:40	Caoimhe	McNulty	U13G	Springburn Harriers
65	10:40	Amelia	Gallagher	U13G	Giffnock North AC
66	10:40	Tilly	Carroll	U13G	North Ayrshire AC
67	10:45	Sophia	Ewart	U13G	Cambuslang Harriers
68	10:47	Caleigh	Graham	U13G	North Ayrshire AC
69	10:47	Molly	Brown	U13G	Shettleston Harriers
70	10:47	Piper	Jackson	U13G	Ayr Seaforth AC
71	10:47	Orla	Trainer	U13G	Greenock Glenpark Harriers
72	10:54	Charlotte	Hughes	U13G	VP-Glasgow AC
73	10:54	Lena	Weidenhammer	U13G	Garscube Harriers
74	10:58	Lola	Carter	U13G	Kilmarnock H&AC
75	11:03	Iona	Quigley	U13G	Greenock Glenpark Harriers
76	11:03	Rosa	Currie	U13G	Inverclyde AC
77	11:03	Nieve	Fitzpatrick	U13G	Law & District AAC
78	11:11	Ella	Pollard	U13G	Inverclyde AC
79	11:14	Robyn	Scollay	U13G	Giffnock North AC
80	11:24	Stella	McCabe	U13G	Greenock Glenpark Harriers
81	11:35	Lauren	Taylor	U13G	Kilbarchan AAC
82	11:40	Charlotte	Perrett	U13G	Helensburgh AAC
83	11:43	Emily	Kane	U13G	Inverclyde AC
84	12:09	Anna	Hudson	U13G	Motherwell AC
85	12:14	Emma	Wilkinson	U13G	Giffnock North AC
86	12:21	Melanie	Welsh	U13G	Garscube Harriers
87	12:30	Isla	Mostyn	U13G	Giffnock North AC
88	15:00	Alice	Heasman	U13G	Helensburgh AAC

Event Name U13 Boys 3.2k

Pos	Time	First Name	Last Name	Age	Team Name
1	7:50	Evan	Tyler	U13B	Giffnock North AC
2	7:51	Alexander	Wotherspoon	U13B	Law & District AAC
3	8:02	Callum	Cooke	U13B	Kilmarnock H&AC
4	8:12	Finlay	Hamilton	U13B	Giffnock North AC
5	8:13	Christopher	Cameron	U13B	Giffnock North AC
6	8:13	Tyler	McMeekin	U13B	Kilbarchan AAC
7	8:18	Ewan	Kennedy	U13B	Giffnock North AC
8	8:19	Callum	Wilson	U13B	Giffnock North AC
9	8:22	Louis	Reid	U13B	Inverclyde AC
10	8:25	Luke	Geddes	U13B	Motherwell AC
11	8:25	Ben	McKerracher	U13B	Giffnock North AC
12	8:25	Elias	Wright	U13B	Giffnock North AC
13	8:27	Euan	Grant Pantrey	U13B	Shettleston Harriers
14	8:32	Sandy	Vallance	U13B	Giffnock North AC
15	8:40	Brodie	Burnett	U13B	Garscube Harriers
16	8:42	Owen	Palmer	U13B	East Kilbride AC
17	8:44	Samuel	Robertson	U13B	Garscube Harriers
18	8:50	Calum	Fitzgerald	U13B	Kilmarnock H&AC
19	8:51	Hamish	Anderson	U13B	Calderglen Harriers
20	8:55	Harris	Steven	U13B	Kilmarnock H&AC
21	9:01	Andrew	Church	U13B	Giffnock North AC
22	9:10	Connor	McNamee	U13B	Motherwell AC
23	9:13	Ciaran	Curley	U13B	Shettleston Harriers
24	9:14	Andrew William	Ross	U13B	VP-Glasgow AC
25	9:16	Callum	Murphy	U13B	Helensburgh AAC
26	9:17	Murray	Graham	U13B	North Ayrshire AC
27	9:18	Oran	Feely	U13B	Kilbarchan AAC
28	9:18	Alexander	Starkey	U13B	Ayr Seaforth AC
29	9:24	Noah	Kerr	U13B	Kilbarchan AAC
30	9:27	Euan	Moir	U13B	Giffnock North AC
31	9:27	Cian	Lough	U13B	Giffnock North AC
32	9:29	Sorley	Gemmell	U13B	Garscube Harriers
33	9:36	Murray	Freer	U13B	VP-Glasgow AC
34	9:40	Harris	Rosling	U13B	East Kilbride AC
35	9:42	Calum	McCormick	U13B	East Kilbride AC
36	9:57	Niall	Smith	U13B	Cambuslang Harriers
37	10:02	Ross	Atkinson	U13B	West Dunbartonshire AC
38	10:08	Alexander	Morton	U13B	Inverclyde AC
39	10:10	Gavin	Lee	U13B	Larkhall YMCA Harriers
40	10:12	David	Lyon	U13B	Cambuslang Harriers
41	10:12	Angus	Thomson	U13B	Giffnock North AC
42	10:13	Riley	Killoch	U13B	Ayr Seaforth AC
43	10:13	Aiden	O'connell	U13B	Cambuslang Harriers
44	10:13	Aidan	Le Page	U13B	West Dunbartonshire AC
45	10:16	Fergus	McKie	U13B	Kilbarchan AAC
46	10:17	Sean	Bennett	U13B	West Dunbartonshire AC
47	10:23	Noah	Freer	U13B	VP-Glasgow AC
48	10:24	Kaelin	McCabe	U13B	Airdrie Harriers
49	10:24	Bruno	Sweeney	U13B	Helensburgh AAC
50	10:29	Jonathan	Platt	U13B	Helensburgh AAC
51	10:34	Euan	Williamson	U13B	Garscube Harriers
52	10:40	Callum	Curley	U13B	Kilmarnock H&AC
53	11:38	Owen	Connor	U13B	West Dunbartonshire AC

Event Name U15 Girls 4.1k

Pos	Time	First Name	Last Name	Age	Team Name
1	12:39	Grace	Barry	U15G	Inverclyde AC
2	12:45	Lucy	Taylor	U15G	Law & District AAC
3	12:56	Holly	Simpson	U15G	Giffnock North AC
4	13:01	Lola	Finnigan	U15G	North Ayrshire AC
5	13:06	Willow	Challis	U15G	Ayr Seaforth AC
6	13:12	Lucy	Tonner	U15G	Giffnock North AC
7	13:16	Eve	Cameron	U15G	Giffnock North AC
8	13:21	Anna Elizabeth	Ross	U15G	VP-Glasgow AC
9	13:26	Nicole	Yates	U15G	Giffnock North AC
10	13:26	Olivia	Lyne	U15G	Inverclyde AC
11	13:27	Zoe	McPherson	U15G	Helensburgh AAC
12	13:31	Madeline	Curley	U15G	Kilmarnock H&AC
13	13:33	Nuala	Munro	U15G	Inverclyde AC
14	13:39	Freya	Matheson	U15G	VP-Glasgow AC
15	13:42	Emy	Finnigan	U15G	North Ayrshire AC
16	13:42	Isabella	Wilson	U15G	Giffnock North AC
17	14:02	EmmÃ©	Johnston	U15G	Giffnock North AC
18	14:04	Skye	Christie	U15G	East Kilbride AC
19	14:04	Cara	McDougall	U15G	Inverclyde AC
20	14:06	Kady	Wood	U15G	Airdrie Harriers
21	14:13	Eva	McGrory	U15G	Giffnock North AC
22	14:13	Caitlin	Reilly	U15G	Motherwell AC
23	14:25	Amelie	Kerr	U15G	Kilbarchan AAC
24	14:26	Ella	McMillan	U15G	North Ayrshire AC
25	14:28	Mairi	Stephen	U15G	Shettleston Harriers
26	14:33	Eleanor	Osborne	U15G	Giffnock North AC
27	14:36	Olivia	Inglis	U15G	Law & District AAC
28	14:37	Molly	Farish	U15G	Inverclyde AC
29	14:42	Mora	McArdle	U15G	VP-Glasgow AC
30	14:59	Emma	Locke	U15G	Shettleston Harriers
31	15:05	Ellie	Alexander	U15G	Kilmarnock H&AC
32	15:06	Beth	Adams	U15G	Giffnock North AC
33	15:09	Lucy	Preiss	U15G	Kilbarchan AAC
34	15:14	Daisy	De Lange	U15G	Kilbarchan AAC
35	15:17	Louisa	Fraser-moodie	U15G	Springburn Harriers
36	15:20	Neve	Reilly	U15G	Giffnock North AC
37	15:22	Sophie	Friel	U15G	VP-Glasgow AC
38	15:26	Cerys	McKellar	U15G	Kilbarchan AAC
39	15:32	Laurie	McAlpine	U15G	Ayr Seaforth AC
40	15:33	Mhairi	McDougall	U15G	Kilbarchan AAC
41	15:48	Eve	Wilkinson	U15G	Giffnock North AC
42	15:53	Anna	Hill	U15G	Giffnock North AC
43	16:03	Eilidh	Boyle	U15G	Law & District AAC
44	16:08	Zara	King	U15G	VP-Glasgow AC
45	16:17	Freya	Togneri	U15G	Law & District AAC
46	16:43	Molly	Baxter	U15G	Law & District AAC
47	16:48	Martha	Cathie	U15G	Whitemoss AAC
48	17:11	Nuala	Quigley	U15G	Greenock Glenpark Harriers
49	17:38	Eva	Gardner	U15G	Garscube Harriers
50	17:45	Leah	Paterson	U15G	Airdrie Harriers
51	19:05	Talia	Padmanabhan	U15G	Garscube Harriers

Event Name U15 Boys 4.1k

Pos	Time	First Name	Last Name	Age	Team Name
1	11:09	Louie	Muir	U15B	Giffnock North AC
2	11:21	Max	Deery	U15B	Giffnock North AC
3	11:26	Rhuairdh	Laing	U15B	VP-Glasgow AC
4	11:36	Cameron	Nugent	U15B	Giffnock North AC
5	11:39	Connor	Campbell	U15B	Garscube Harriers
6	11:49	Finn	Smith	U15B	Springburn Harriers
7	11:51	Finlay	Laskey	U15B	Giffnock North AC
8	11:53	Cameron	Chambers	U15B	Law & District AAC
9	11:56	Kian	Dick	U15B	Giffnock North AC
10	12:01	Connor	Birnie	U15B	Garscube Harriers
11	12:04	Archie	Loch	U15B	Garscube Harriers
12	12:06	Connor	McCallum	U15B	Giffnock North AC
13	12:15	Brian	Heslop	U15B	East Kilbride AC
14	12:21	Blair	Beverley	U15B	Law & District AAC
15	12:28	Luke	Russell	U15B	Motherwell AC
16	12:32	Callum	Datta	U15B	Giffnock North AC
17	12:34	Rory	Barclay	U15B	Cambuslang Harriers
18	12:38	Ethan	Scobie	U15B	Giffnock North AC
19	12:48	James	Andrew	U15B	Giffnock North AC
20	12:52	Jamie	Walker	U15B	Kilmarnock H&AC
21	13:01	Jay	Jenkins	U15B	Kilbarchan AAC
22	13:05	Riley	Fulton	U15B	Ayr Seaforth AC
23	13:06	Jack	Gillon	U15B	Cambuslang Harriers
24	13:07	Jamie	Mackie	U15B	Law & District AAC
25	13:08	Theodore	Stalin	U15B	Garscube Harriers
26	13:15	Maxwell	Connolly	U15B	Garscube Harriers
27	13:17	Elliott	Tyler	U15B	Garscube Harriers
28	13:21	Oliver	Lievonon	U15B	Cambuslang Harriers
29	13:31	Charlie	Lyne	U15B	Inverclyde AC
30	13:46	Finlay	Mitchell	U15B	Kilbarchan AAC
31	14:00	Shae	McGovern	U15B	Airdrie Harriers
32	14:09	Callum	Oneill	U15B	Kilmarnock H&AC
33	14:14	Declan	Hare	U15B	Law & District AAC
34	14:18	Ruaridh	Mostyn	U15B	Giffnock North AC
35	15:30	Jamie	Little	U15B	Garscube Harriers
36	15:34	Logan	Peddie	U15B	Kilmarnock H&AC
37	16:38	Jacob	Stalin	U15B	Garscube Harriers
38	19:46	Nathan	Reynolds	U15B	Airdrie Harriers

Event Name U17 Men 5.5k

Pos	Time	First Name	Last Name	Age	Team Name
1	14:30	Daibhidh	Kinnaird	U17M	Cambuslang Harriers
2	15:01	Alasdair	Maclean	U17M	Giffnock North AC
3	15:09	Alistair	Street	U17M	Kilbarchan AAC
4	15:21	Angus	Fraser-Moodie	U17M	Springburn Harriers
5	15:28	Joshua	Mungin	U17M	Kilbarchan AAC
6	15:34	Jamie	Work	U17M	Kilmarnock H&AC
7	15:46	Daniel	Hendry	U17M	Garscube Harriers
8	15:47	Daniel	Owens	U17M	Garscube Harriers
9	15:55	John	Frood	U17M	Cambuslang Harriers
10	16:02	Aaron	Reid	U17M	Giffnock North AC
11	16:05	Angus	O'Neil	U17M	Cambuslang Harriers
12	16:07	Andrew	Shorts	U17M	Kilbarchan AAC
13	16:08	Archie	Watters	U17M	Springburn Harriers
14	16:10	Matthew	Fox	U17M	Shettleston Harriers
15	16:14	Ruaridh	Miller	U17M	Kilbarchan AAC
16	16:16	Aedan	McGonigle	U17M	Shettleston Harriers
17	16:39	Ben	Baillie	U17M	East Kilbride AC
18	16:55	Ben	Hodson	U17M	Stewartry AC
19	16:55	Luke	Grundy	U17M	North Ayrshire AC
20	16:59	Matthew	Hill	U17M	Giffnock North AC
21	17:01	Rhys	Knights	U17M	Kilbarchan AAC
22	17:08	Jamie	Turner	U17M	VP-Glasgow AC
23	17:16	Billy	McKie	U17M	Kilbarchan AAC
24	17:19	Kyle	Thomson	U17M	Garscube Harriers
25	17:56	Michael	Stuart	U17M	Garscube Harriers
26	17:59	James	McPherson	U17M	Helensburgh AAC
27	18:19	Nicholas	Latto	U17M	Kilmarnock H&AC
28	18:30	Dominic	Lynch	U17M	Cumbernauld AAC
29	18:40	Alan Robert	Leitch	U17M	East Kilbride AC
30	18:42	Aaron	Scott	U17M	Larkhall YMCA Harriers

Event Name U17 Wom 5.5k

Pos	Time	First Name	Last Name	Age	Team Name
1	17:08	Zara	Redmond	U17W	Kilbarchan AAC
2	17:42	Millie	Gairn	U17W	Airdrie Harriers
3	17:52	Freya	Campbell	U17W	Giffnock North AC
4	17:57	Matilda	Frew	U17W	East Kilbride AC
5	18:08	Scarlett	Wilson	U17W	Giffnock North AC
6	18:20	Clara	Bain	U17W	Kilbarchan AAC
7	18:29	Isla	Munro	U17W	Giffnock North AC
8	18:59	Freya	Scobie	U17W	Giffnock North AC
9	19:08	Jemma	Macleod	U17W	Cumbernauld AAC
10	19:14	Nina	Padmanabhan	U17W	Garscube Harriers
11	19:19	Eihlenn	Gillespie	U17W	Airdrie Harriers
12	19:29	Emily	Langdon	U17W	Giffnock North AC
13	20:00	Eva	Morrison	U17W	East Kilbride AC
14	20:03	Eilidh	Wilson	U17W	Garscube Harriers
15	20:30	Sophie	Gibbons	U17W	Garscube Harriers
16	20:36	Olivia	Cooper	U17W	Kilbarchan AAC
17	20:56	Rachael Niamh	Hill	U17W	Giffnock North AC
18	21:29	Jennifer	MacMahon	U17W	Garscube Harriers
19	21:29	Eve	Starritt	U17W	Kilmarnock H&AC
20	21:52	Kate	Monaghan	U17W	Shettleston Harriers
21	22:15	Erin	Reilly	U17W	Giffnock North AC
22	22:23	Emma	Fox	U17W	Garscube Harriers
23	22:26	Eilidh	Dunwoodie	U17W	North Ayrshire AC
24	22:29	Alice	Henderson	U17W	Garscube Harriers
25	23:16	Katie	Fielding	U17W	East Kilbride AC
26	23:40	Rachel	Hogarth	U17W	North Ayrshire AC
27	23:50	Kayleigh	Pew	U17W	East Kilbride AC
28	24:09	Lucy	Corns	U17W	Law & District AAC
29	24:14	Skye	Dick	U17W	Garscube Harriers
30	26:37	Lexie	Speirs	U17W	Bellahouston Harriers

Event Name U20 Men 6.3k

Pos	Time	First Name	Last Name	Age	Team Name
1	18:17	Oliver	Macdonald	U20M	Giffnock North AC
2	18:24	Fraser	Gilmour	U20M	Kilbarchan AAC
3	18:26	Glen	Griffiths	U20M	Giffnock North AC
4	18:36	Jonathon	Downey	U20M	Kilmarnock H&AC
5	18:40	Alasdair	Nugent	U20M	Giffnock North AC
6	18:45	Jamie	Connor	U20M	Giffnock North AC
7	19:02	Jack	Wallace	U20M	Giffnock North AC
8	19:06	Ben	Seath	U20M	Strathclyde University Harriers
9	19:11	Seonaidh	MacInnes	U20M	Glasgow University Hares & Hounds
10	19:25	Sam	Hosie	U20M	East Kilbride AC
11	19:42	Ryan	Kellock	U20M	Law & District AAC
12	19:45	Lewis	Roddis	U20M	Cambuslang Harriers
13	19:48	Zac	Meiklejohn	U20M	Giffnock North AC
14	19:53	Aaron	Thomson	U20M	East Kilbride AC
15	19:59	Finlay	Robb	U20M	Cambuslang Harriers
16	20:07	Joshua	Mirtle	U20M	Strathclyde University Harriers
17	20:16	Ryan	Knights	U20M	Kilbarchan AAC
18	20:30	Calan	Chong	U20M	Giffnock North AC
19	20:33	Fraser	Donaldson	U20M	Garscube Harriers
20	20:34	Luke	McDowell	U20M	Glasgow University Hares & Hounds
21	20:43	Cameron	Robertson	U20M	Nithsdale AC
22	20:50	Matthew	Sweeney	U20M	Strathclyde University Harriers
23	20:58	Gabriel	Murphy	U20M	Cambuslang Harriers
24	21:00	James	Mowat	U20M	Giffnock North AC
25	21:00	Grant	McEachern	U20M	Cumbernauld AAC
26	21:12	Alex	Gillies	U20M	Cambuslang Harriers
27	21:35	Jonathan	Hunter	U20M	East Kilbride AC
28	21:45	Ryan	Fitzpatrick	U20M	Kilbarchan AAC
29	21:59	Christopher	Hargreaves	U20M	Garscube Harriers
30	22:17	Allan	Mackenzie	U20M	Helensburgh AAC
31	22:42	Connor	Scobie	U20M	Kilmarnock H&AC
32	23:14	Cieron	Hadfield	U20M	Glasgow University Hares & Hounds
33	23:40	John	Poole	U20M	Glasgow University Hares & Hounds
34	24:47	Greg	Chambers	U20M	Glasgow University Hares & Hounds
35	26:43	Adam	Burns	U20M	Glasgow University Hares & Hounds
36	33:09	Daniel	Docherty	U20M	Clydesdale Harriers

Event Name U20 Wom 6.3k

Pos	Time	First Name	Last Name	Age	Team Name
1	21:18	Saoirse	Mcnulty	U20W	Giffnock North AC
2	21:32	Emma	McLennan	U20W	Giffnock North AC
3	21:42	Ruth	Walsh	U20W	Giffnock North AC
4	21:46	Amy	Teasdale	U20W	Kilbarchan AAC
5	22:15	Sasha	l'Anson	U20W	Glasgow University Hares & Hounds
6	22:18	Valencia	Wright	U20W	Glasgow University Hares & Hounds
7	22:36	Ella	Youngs	U20W	Giffnock North AC
8	22:46	Ella	Nicholson	U20W	Glasgow University Hares & Hounds
9	24:07	Ruby	McGill	U20W	Glasgow University Hares & Hounds
10	24:20	Aimee	Anderson	U20W	East Kilbride AC
11	24:32	Amy	Andrew	U20W	East Kilbride AC
12	24:48	Jemima	Saravanamuttoo	U20W	Glasgow University Hares & Hounds
13	25:11	Kiara	Meiklejohn	U20W	Glasgow University Hares & Hounds
14	25:53	Nell	McGregor	U20W	North Ayrshire AC
15	25:54	Lucy	Donaldson	U20W	Garscube Harriers
16	26:01	Arianna	Carmichael	U20W	VP-Glasgow AC
17	26:04	Amy	Crawford	U20W	Glasgow University Hares & Hounds
18	26:44	Evie	Harrison	U20W	Greenock Glenpark Harriers
19	26:50	Izzy	Caufield	U20W	Kilmarnock H&AC
20	26:59	Sadie	Croasdale	U20W	Glasgow University Hares & Hounds
21	28:45	Aliya	Breair	U20W	Glasgow University Hares & Hounds

Event Name Sen Mas Wom 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
1	24:21	Lynn	McKenna	SW	Shettleston Harriers	1
2	24:57	Rosa	Donaldson	SW	Bellahouston Harriers	2
3	25:08	Eve	MacKinnon	SW	Cambuslang Harriers	3
4	25:45	Nynke	Mulholland-Stummer	SW	Inverclyde AC	4
5	26:00	Catriona	MacDonald	SW	Bellahouston RR	5
6	26:10	Zoe	Pflug	SW	Cambuslang Harriers	6
7	26:24	Monica	Blair	SW	Garscube Harriers	7
8	26:25	Emma	Creasey	SW	Giffnock North AC	8
9	26:26	Heather	Barnes	SW	Giffnock North AC	9
10	26:30	Michelle	Sandison	W40	Springburn Harriers	1
11	26:32	Lesley	Bell	W40	Garscube Harriers	2
12	26:34	Catriona	Gillen	SW	Springburn Harriers	10
13	26:41	Sarah	Dempsey	SW	Kilbarchan AAC	11
14	26:47	Katie	Clubb	SW	Cambuslang Harriers	12
15	27:01	Katrine	Kelly	W40	Kilmarnock H&AC	3
16	27:04	Libby	Sutherland	SW	Kilbarchan AAC	13
17	27:05	Alicia	Paton	SW	Cumbernauld AAC	14
18	27:12	Holly	Little	SW	Cambuslang Harriers	15
19	27:14	Hannah	Terrance	SW	Shettleston Harriers	16
20	27:24	Charlotte	McKenna	SW	Shettleston Harriers	17
21	27:28	Katie	White	W40	Garscube Harriers	4
22	27:38	Georgia	Freeman-Mills	SW	Cambuslang Harriers	18
23	27:42	Avril	Mason	W50	Shettleston Harriers	1
24	27:45	Grace	Drummond	SW	Cambuslang Harriers	19
25	27:48	Emily	Renfrew	SW	Bellahouston Harriers	20
26	27:50	Hannah	Addison	SW	Cambuslang Harriers	21
27	28:14	Ruth	Joss	SW	Shettleston Harriers	22
28	28:23	Anna	Macfadyen	SW	Shettleston Harriers	23
29	28:31	Claire	Heasman	W50	Helensburgh AAC	2
30	28:39	Ellen	Astley	SW	Strathclyde University Harriers	24
31	28:42	Flora	Henry	SW	Glasgow University Hares & Hounds	25
32	28:48	Allie	Chong	W50	Giffnock North AC	3
33	28:50	Zara	Higgins	SW	Cambuslang Harriers	26
34	28:53	Ruth	Fraser-Moodie	W40	Springburn Harriers	5
35	28:58	Reagan	Binnie	SW	Law & District AAC	27
36	29:04	Gillian	Blee	W40	Garscube Harriers	6
37	29:09	Kristina	Glynn	SW	Bellahouston Harriers	28
38	29:23	Anna	Dalglish	SW	Glasgow University Hares & Hounds	29
39	29:45	Kate	Holmes	SW	Garscube Harriers	30
40	29:52	Gemma	Griffiths	SW	Shettleston Harriers	31
41	29:53	Hannah	Gilchrist	SW	Shettleston Harriers	32
42	29:56	Lauren	Astley	SW	Glasgow FrontRunners	33
43	30:04	Kelly	Baillie	W40	East Kilbride AC	7
44	30:06	Jennifer	Conway	SW	Bellahouston RR	34
45	30:11	Lucy	Olsen	SW	VP-Glasgow AC	35
46	30:17	Tara	Walker	SW	Shettleston Harriers	36
47	30:22	Sophie	Jenkins	SW	Bellahouston RR	37
48	30:25	Emma	Thompson	SW	VP-Glasgow AC	38
49	30:29	Elaine	Boyle	W40	Law & District AAC	8
50	30:35	Tara Tallulah	Garioch	SW	Glasgow University Hares & Hounds	39

Event Name Sen Mas Wom 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
51	30:40	Christine	Neill	SW	Law & District AAC	40
52	30:42	Katie	Athorne	SW	Glasgow FrontRunners	41
53	30:43	Nicola	Dawson	W40	Westerlands CCC	9
54	30:54	Christine	Mackie	SW	VP-Glasgow AC	42
55	30:58	Nikki	Lyons	SW	Dumbarton AAC	43
56	31:04	Katherine	Hylands	SW	Bellahouston Harriers	44
57	31:07	Hilary	Carswell	W50	Giffnock North AC	4
58	31:14	Kirsty	O'Brien	W40	Cambuslang Harriers	10
59	31:16	Marianne	Wilson	W40	Bellahouston Harriers	11
60	31:21	Anna	Bennett	SW	VP-Glasgow AC	45
61	31:28	Marie	Kane	SW	Cambuslang Harriers	46
62	31:36	Linnea	Skalberg	SW	Glasgow University Hares & Hounds	47
63	31:37	Eilidh	Ballantyne	SW	Kilmarnock H&AC	48
64	31:38	Eva	Peter	SW	VP-Glasgow AC	49
65	31:48	Maria	ONeill	SW	Glasgow University Hares & Hounds	50
66	31:49	Katie	Blackett	SW	Bellahouston RR	51
67	31:53	Flora	Henry	SW	Bellahouston RR	52
68	31:55	Veronica	Fusaro	W40	Bellahouston RR	12
69	32:06	Fiona	MacCormick	W40	Springburn Harriers	13
70	32:11	Kay	Greg	SW	Inverclyde AC	53
71	32:13	Sheila	Lewis	W50	Giffnock North AC	5
72	32:20	Diane	Mckinney	SW	Troon Tortoises AC	54
73	32:27	Amy	MacLellan	SW	Shettleston Harriers	55
74	32:30	Vivien	Thorpe	W40	East Kilbride AC	14
75	32:32	Ashley	Anderson	SW	Greenock Glenpark Harriers	56
76	32:49	Lesley	Graham	W40	Law & District AAC	15
77	32:53	Amy	Bristow	SW	VP-Glasgow AC	57
78	32:56	Angela	Carson	W50	Giffnock North AC	6
79	32:58	Martha	Lovatt	W40	Garscube Harriers	16
80	32:59	Bernadette	Oâ€™Neil	W50	Cambuslang Harriers	7
81	33:00	Jennifer	Rooney	SW	Greenock Glenpark Harriers	58
82	33:10	Jill	Aikman	W50	Greenock Glenpark Harriers	8
83	33:14	Kezia	Kinder	SW	Bellahouston RR	59
84	33:33	Julie	Reid	W40	Cambuslang Harriers	17
85	33:33	Sophie	Harris	SW	Strathclyde University Harriers	60
86	33:39	Bethany	Ross	SW	Kilmarnock H&AC	61
87	33:45	Kirsty	Milton-moir	W40	Bellahouston Harriers	18
88	33:53	Emma	Peters	SW	Bellahouston RR	62
89	33:59	Marina	McCallum	W50	Kirkintilloch Olympians	9
90	34:08	Erica	Christie	W60	Cambuslang Harriers	1
91	34:09	Diane	Clark	W40	Garscube Harriers	19
92	34:13	Sarah	Leggate	SW	Larkhall YMCA Harriers	63
93	34:16	Lauren	Mackay	W40	Bellahouston Harriers	20
94	34:20	Frances	Ferguson	W60	Calderglen Harriers	2
95	34:22	Lorna	Mitchell	W40	Greenock Glenpark Harriers	21
96	34:26	Pauline	Wright	W50	Bellahouston RR	10
97	34:30	Naomi	Browell	SW	Shettleston Harriers	64
98	34:32	Moir	Paterson	W50	Kirkintilloch Olympians	11
99	34:42	Zoe	Charters	SW	Glasgow University Hares & Hounds	65
100	35:00	Rosalind	Teasdale	W40	Kilbarchan AAC	22

Event Name Sen Mas Wom 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
101	35:04	Charlotte	Parkinson	W40	Bellahouston RR	23
102	35:05	Rebecca	Simister	SW	Bellahouston Harriers	66
103	35:08	Ray	Musleh	W40	West End RR	24
104	35:17	Viki	Smith	W50	Greenock Glenpark Harriers	12
105	35:18	Anne	Noble	W60	Troon Tortoises AC	3
106	35:20	Claire	Fitzsimmons	W40	Bellahouston Harriers	25
107	35:22	Heather	Stevenson	SW	Maryhill Harriers	67
108	35:22	Alyson	Leader	W40	Dumbarton AAC	26
109	35:25	Emma	Knox	SW	Motherwell AC	68
110	35:27	Kirsty	Hurt	SW	West End RR	69
111	35:30	Alice	Howe	SW	Bellahouston RR	70
112	35:37	Li	Wang	W60	Bellahouston Harriers	4
113	35:45	Pauline	Henderson	W60	Bellahouston Harriers	5
114	36:03	Stephanie	Rudd	W50	Bellahouston Harriers	13
115	36:14	Lynne	Harrison	W50	Greenock Glenpark Harriers	14
116	36:19	Erin	Gordon	SW	Larkhall YMCA Harriers	71
117	36:36	Vicki	Fraser-Hopewell	W40	Bellahouston Harriers	27
118	36:47	Christine	McKay	W60	Bellahouston Harriers	6
119	36:59	Jill	Turner	SW	Greenock Glenpark Harriers	72
120	36:59	Cheryl	Thomas	W40	Greenock Glenpark Harriers	28
121	37:13	Fiona	Moar	SW	Garscube Harriers	73
122	38:06	Megan	Parkinson	SW	Bellahouston RR	74
123	38:29	Morag	Casey	W50	Garscube Harriers	15
124	39:20	Vikki	Stewart	W40	Ayr Seaforth AC	29
125	39:20	Wiebke	Lammers	W40	Westerlands CCC	30
126	39:47	Laura Maria	Hervas	W40	East Kilbride AC	31
127	40:31	Faye	Currie	W40	Inverclyde AC	32
128	41:05	Sarah Jane	Whalen	W50	Greenock Glenpark Harriers	16
129	41:31	June	MacLeod	W60	Bellahouston Harriers	7
130	42:01	Sophie	Monteith	SW	Helensburgh AAC	75
131	42:42	Diane	McLaughlin	W40	Helensburgh AAC	33
132	44:07	Lorna	Macmillan	W60	Greenock Glenpark Harriers	8
133	44:18	Lorraine	Buchanan	W40	Calderglen Harriers	34
134	45:25	Charlotte	McKay	W70	Greenock Glenpark Harriers	1
135	45:26	Alli	Baird	W50	Greenock Glenpark Harriers	17

Event Name Sen Mas Men NB 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
1	21:34	Seyd Taha	Ghafari	SM	Shettleston Harriers	1
2	21:35	Kevin	Campbell	SM	Cambuslang Harriers	2
3	21:48	Jamie	Burns	SM	Shettleston Harriers	3
4	22:00	Scott	Stirling	SM	Falkirk Victoria Harriers	4
5	22:06	Andrew	Douglas	SM	Inverclyde AC	5
6	22:09	Ross	Good	SM	Giffnock North AC	6
7	22:18	Robbie	Ferguson	SM	Kilbarchan AAC	7
8	22:26	Jamie	MacKinnon	SM	Cambuslang Harriers	8
9	22:34	Callum	Tharme	SM	Cambuslang Harriers	9
10	22:35	Ross	Gray	SM	Inverclyde AC	10
11	22:38	Fraser	Stewart	SM	Cambuslang Harriers	11
12	22:44	Cameron	Smith	SM	Cambuslang Harriers	12
13	22:48	Kevan	Harvey	SM	Cambuslang Harriers	13
14	22:56	Jack	Heathwood	SM	Bellahouston Harriers	14
15	23:00	Michael	Christoforou	SM	Cambuslang Harriers	15
16	23:04	Matthew	O'Connor	SM	Bellahouston Harriers	16
17	23:05	James	Wootton	SM	Shettleston Harriers	17
18	23:15	Jonathan	Moore	SM	Motherwell AC	18
19	23:24	John	Fergusson	SM	East Kilbride AC	19
20	23:28	Sam	Lesley	SM	Shettleston Harriers	20
21	23:29	Tom	Porter	SM	Strathclyde University Harriers	21
22	23:30	Finlay	Raynor	SM	Glasgow University Hares & Hounds	22
23	23:41	Martin	Brown	SM	Kilmarnock H&AC	23
24	23:48	Oscar	Coetzee	M40	Bellahouston RR	1
25	23:49	Andrew	Carey	SM	Cambuslang Harriers	24
26	23:51	Cameron	Muir	SM	Shettleston Harriers	25
27	23:54	Rory	Muir	SM	Cambuslang Harriers	26
28	23:54	Cameron	Young	SM	Shettleston Harriers	27
29	23:57	Euan	Webster	SM	Ayr Seaforth AC	28
30	24:02	Andrew	Taylor	SM	Shettleston Harriers	29
31	24:06	Craig	Ferguson	SM	Kilmarnock H&AC	30
32	24:08	Ryad	Chebbout	SM	Shettleston Harriers	31
33	24:08	Ewan	McKerral	SM	Kilbarchan AAC	32
34	24:20	Patrick	Mochan	SM	East Kilbride AC	33
35	24:21	Alasdair	McMonagle	SM	Strathclyde University Harriers	34
36	24:23	Colin	Reilly	M40	Cambuslang Harriers	2
37	24:23	Adam	Stark	SM	Bellahouston Harriers	35
38	24:23	Josh	Evans	SM	Bellahouston RR	36
39	24:33	Stephen	Addison	SM	Glasgow University Hares & Hounds	37
40	24:38	Andrew	Kirk	SM	Kirkintilloch Olympians	38
41	24:39	Euan	Bell	SM	Strathclyde University Harriers	39
42	24:39	Jack	Kirwan	SM	East Kilbride AC	40
43	24:39	Alastair	Stables	SM	Giffnock North AC	41
44	24:42	Calum	Borthwick	SM	Bellahouston RR	42
45	24:44	Andrew	McCall	SM	Greenock Glenpark Harriers	43
46	24:46	Conor	Drummond	SM	Giffnock North AC	44
47	24:49	Allan	Neill	SM	Law & District AAC	45
48	24:49	Simon	Dalton Celis	SM	Glasgow University Hares & Hounds	46
49	24:52	Matthew	Carlin	SM	Glasgow University Hares & Hounds	47
50	24:55	Fraser	Armstrong	SM	Bellahouston Harriers	48

Event Name Sen Mas Men NB 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
51	24:59	Hayden	Rafferty	SM	Glasgow University Hares & Hounds	49
52	25:08	John	Connolly	M40	Garscube Harriers	3
53	25:10	Brent	Brodie	M50	Bellahouston Harriers	1
54	25:13	Ian	Hodge	M40	Cambuslang Harriers	4
55	25:26	Lewis	Khan	SM	Greenock Glenpark Harriers	50
56	25:27	David I	Houston	SM	Shettleston Harriers	51
57	25:29	Andrew	Shields	SM	Shettleston Harriers	52
58	25:31	Stewart	Houston	SM	Shettleston Harriers	53
59	25:32	Euan	Convery	SM	Garscube Harriers	54
60	25:35	John	Logan	SM	Greenock Glenpark Harriers	55
61	25:39	Euan	Rose	SM	East Kilbride AC	56
62	25:41	Kenneth	Neill	M40	Ayr Seaforth AC	5
63	25:43	Iain	Burns	M40	Shettleston Harriers	6
64	25:59	Chris	Grant Pantrey	M40	Shettleston Harriers	7
65	25:59	Calum	Oates	SM	Shettleston Harriers	57
66	26:04	Lee	Shaw	SM	Bellahouston Harriers	58
67	26:07	Stephen	Brown	M40	West End RR	8
68	26:09	Paul	Monaghan	M50	Greenock Glenpark Harriers	2
69	26:10	Paul	McNairn	M40	Bellahouston RR	9
70	26:10	Daniel	Doherty	M40	Greenock Glenpark Harriers	10
71	26:22	David	McLure	M40	Kilmarnock H&AC	11
72	26:24	Tom	Flood	SM	Kilmarnock H&AC	59
73	26:27	Ronald	Strachan	M40	Shettleston Harriers	12
74	26:28	Finn	Allan	SM	Strathclyde University Harriers	60
75	26:30	Owen	Leach	SM	Cambuslang Harriers	61
76	26:30	Michael	Miller	SM	Clydesdale Harriers	62
77	26:35	Darren	McQuade	SM	Bellahouston Harriers	63
78	26:37	Dominic	Sharkey	SM	Campbeltown RC	64
79	26:41	Stuart	Kerr	SM	Kilbarchan AAC	65
80	26:45	Ross	Anderson	SM	Westerlands CCC	66
81	26:46	Walter	Henderson	M50	Cumbernauld AAC	3
82	26:48	Donald	MacLaren	M40	Bellahouston Harriers	13
83	26:52	Richard	O'Grady	M40	Helensburgh AAC	14
84	26:53	Callum	Butterworth	SM	Shettleston Harriers	67
85	27:01	Donald	Maclean	SM	Giffnock North AC	68
86	27:04	Stuart	Laurence	SM	Bellahouston RR	69
87	27:06	Mark	King	M50	Cambuslang Harriers	4
88	27:09	Lewis	Anderson	SM	Cambuslang Harriers	70
89	27:10	Bruce	Carse	M40	Bellahouston RR	15
90	27:15	Gerard	Pelegri	SM	Shettleston Harriers	71
91	27:16	Phil	Gillan	SM	Inverclyde AC	72
92	27:18	Matthew	Brown	SM	Bellahouston Harriers	73
93	27:18	David	Jarrett	M40	Bellahouston RR	16
94	27:20	Cameron	Mackie	SM	VP-Glasgow AC	74
95	27:20	Arthur	Calnan	M40	Cambuslang Harriers	17
96	27:23	Callum	Dickson	SM	Bellahouston RR	75
97	27:27	Steven	Campbell	M50	Greenock Glenpark Harriers	5
98	27:27	Brian	Douglas	M50	Cambuslang Harriers	6
99	27:31	Jethro	Browell	SM	Bellahouston RR	76
100	27:32	Jamie	Robinson	M40	Bellahouston RR	18

Event Name Sen Mas Men NB 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
101	27:36	Ross	Milne	SM	Glasgow FrontRunners	77
102	27:39	Alan	Tait	M50	Motherwell AC	7
103	27:43	Alan	Moss	M40	Bellahouston RR	19
104	27:45	Michael	Sweeney	M40	Helensburgh AAC	20
105	27:49	Travis	George	SM	VP-Glasgow AC	78
106	27:51	Jason	Kane	SM	Inverclyde AC	79
107	27:53	Joshua	Farrell	SM	Dumbarton AAC	80
108	27:55	Noel	Slevin	SM	VP-Glasgow AC	81
109	27:56	Christopher	Mooney	M40	Greenock Glenpark Harriers	21
110	27:58	Ross	Hill	SM	Law & District AAC	82
111	27:58	Christopher	Main	SM	Strathclyde University Harriers	83
112	27:58	David	Gorman	SM	East Kilbride AC	84
113	28:04	Ian	Thomson	M40	Garscube Harriers	22
114	28:06	David	Allsop	M50	Kirkintilloch Olympians	8
115	28:11	Jamie	Clements	SM	East Kilbride AC	85
116	28:13	Stuart	Miller	SM	Glasgow FrontRunners	86
117	28:23	Ross	McNaught	SM	Kilmarnock H&AC	87
118	28:25	Dan	De Luca	SM	Glasgow University Hares & Hounds	88
119	28:30	Kevin	Farmer	SM	Cambuslang Harriers	89
120	28:30	James	Reid	SM	Garscube Harriers	90
121	28:39	Alex	Manley	SM	Strathclyde University Harriers	91
122	28:40	Richard	Evans	M40	Bellahouston RR	23
123	28:40	Donovan	Oosthuizen	SM	Kirkintilloch Olympians	92
124	28:43	Ross	McEachern	M50	Cumbernauld AAC	9
125	28:43	Callum	Wright	SM	Cambuslang Harriers	93
126	28:46	Thomas	Jamieson	M40	Inverclyde AC	24
127	28:51	Gavin	Morrison	M50	Greenock Glenpark Harriers	10
128	28:52	Barnaby	Sharifi	SM	Glasgow University Hares & Hounds	94
129	28:57	Alan	Derrick	M50	Calderglen Harriers	11
130	29:02	Shaun	Wiseman	SM	Greenock Glenpark Harriers	95
131	29:05	Keith	Charters	M50	East Kilbride AC	12
132	29:07	Craig	Binnie	M40	Helensburgh AAC	25
133	29:07	David	Ferguson	M40	Bellahouston RR	26
134	29:10	Bobby	Hill	SM	Law & District AAC	96
135	29:10	Andrew	Blair	SM	Greenock Glenpark Harriers	97
136	29:10	Tom	Paterson	SM	Kirkintilloch Olympians	98
137	29:15	Stephen	Hanley	SM	Greenock Glenpark Harriers	99
138	29:18	Alasdair	Meldrum	M50	Ayr Seaforth AC	13
139	29:18	James	Bryson	SM	Westerlands CCC	100
140	29:24	Alistair	Macdonald	M60	Bellahouston RR	1
141	29:29	Matt	Pearce	M50	Troon Tortoises AC	14
142	29:32	Neil	Milligan	M40	Bellahouston Harriers	27
143	29:38	Neil	Smith	M40	Garscube Harriers	28
144	29:41	Stephen	Harrison	M50	Greenock Glenpark Harriers	15
145	29:43	Felton	Humble	M40	Westerlands CCC	29
146	29:45	Reuben	MacIntyre	SM	Glasgow University Hares & Hounds	101
147	29:46	Ross	Noble	SM	Cambuslang Harriers	102
148	29:47	Andrew	Buchanan	M40	Calderglen Harriers	30
149	29:49	Andrew	Chapman	M50	East Kilbride AC	16
150	29:50	Mark	Wheeler	M40	Hamilton Harriers	31

Event Name Sen Mas Men NB 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
151	29:54	William	Taylor	M40	Greenock Glenpark Harriers	32
152	29:55	Bobby	Wotherspoon	M50	Law & District AAC	17
153	30:01	Stuart	McGeachy	M40	Campbeltown RC	33
154	30:02	Iain	Wallace	M50	Cambuslang Harriers	18
155	30:03	Peter	Maclean	M50	Ayr Seaforth AC	19
156	30:05	Finn	Boyd	SENX	Maryhill Harriers	1
157	30:10	Colin	McKnight	M40	Greenock Glenpark Harriers	34
158	30:14	Dan	Walsh	SM	East Kilbride AC	103
159	30:17	Craig	Smith	SM	Garscube Harriers	104
160	30:26	Greig	Glendinning	M50	Kilmarnock H&AC	20
161	30:28	Stephen	Forcer	M40	Westerlands CCC	35
162	30:29	Alexander	Winn	SM	Bellahouston Harriers	105
163	30:30	Callum	Ballantyne	SM	Cumbernauld AAC	106
164	30:38	Daniel	Burns	SM	Garscube Harriers	107
165	30:40	Alex	Potter	M60	VP-Glasgow AC	2
166	30:43	Iain	Harding	M40	VP-Glasgow AC	36
167	30:53	Kenneth	Thom	M40	Motherwell AC	37
168	31:10	Edmund	White	SM	Glasgow FrontRunners	108
169	31:14	Andrew	Mott	M40	Westerlands CCC	38
170	31:18	Aaron	Fullarton	SM	Greenock Glenpark Harriers	109
171	31:19	Gary	Martin	SM	Kilmarnock H&AC	110
172	31:22	John	McCabe	M50	Troon Tortoises AC	21
173	31:25	Grant	Fawcett	M50	Motherwell AC	22
174	31:25	Michael	Diver	M50	Clydesdale Harriers	23
175	31:28	Chris	Watson	SM	Glasgow FrontRunners	111
176	31:29	Arthur	Mulholland	M60	East Kilbride AC	3
177	31:34	Tom	Ord	M60	VP-Glasgow AC	4
178	31:34	Andy	Downey	M50	Garscube Harriers	24
179	31:37	Daniel	Reid	M60	Westerlands CCC	5
180	31:37	John	Stevenson	M50	Greenock Glenpark Harriers	25
181	31:42	Daniel	O'Connell	M50	Cambuslang Harriers	26
182	31:46	Kenneth	MacMahon	M50	Garscube Harriers	27
183	31:47	Nicholas	Carter	M40	Kilmarnock H&AC	39
184	31:48	Jim	ROBINSON	M60	Bellahouston RR	6
185	31:50	John	Oates	M60	Shettleston Harriers	7
186	31:51	Roderick	Fleming	M40	Westerlands CCC	40
187	32:00	Tom	Butler	SM	Dumbarton AAC	112
188	32:04	Chris	Furse	M50	Westerlands CCC	28
189	32:10	Brian	Wilson	M40	Airdrie Harriers	41
190	32:10	Allen	Campbell	M50	West End RR	29
191	32:12	Neil	Montgomery	SM	Glasgow FrontRunners	113
192	32:12	Mark	Milligan	M50	Law & District AAC	30
193	32:14	Hamza	Daudali	SM	Glasgow University Hares & Hounds	114
194	32:18	Jason	Grant	M40	Calderglen Harriers	42
195	32:23	Shane	Semple	M40	Motherwell AC	43
196	32:25	Ian	Brown	M60	Helensburgh AAC	8
197	32:33	Tom	Ferris	M50	Bellahouston RR	31
198	32:40	Stephen	Purvis	M50	Airdrie Harriers	32
199	32:44	Andrew	Stevenson	SM	Maryhill Harriers	115
200	32:49	Jack	Turner	SM	Glasgow University Hares & Hounds	116

Event Name Sen Mas Men NB 7.5k

Pos	Time	First Name	Last Name	Age	Team Name	Age Pos
201	32:55	Graeme	Little	M50	Garscube Harriers	33
202	33:02	David	Burns	M40	Motherwell AC	44
203	33:08	Iain	Newman	SM	Glasgow FrontRunners	117
204	33:13	Graham	McGrattan	M60	Greenock Glenpark Harriers	9
205	33:16	Kieran	McQuade	SM	Dumbarton AAC	118
206	33:29	Chris	Johnstone	SM	Dumbarton AAC	119
207	33:31	Murray	McDonald	SM	Kilmarnock H&AC	120
208	33:37	Andrew	Speirs	SM	Glasgow University Hares & Hounds	121
209	33:37	Stuart	Mathieson	M40	Bellahouston RR	45
210	33:37	Alan	Robertson	M50	Greenock Glenpark Harriers	34
211	33:45	Garry	Henderson	M60	Bellahouston Harriers	10
212	33:47	Alex	Chisholm	M60	Garscube Harriers	11
213	33:52	Michael	Dunn	M60	Greenock Glenpark Harriers	12
214	33:59	Greg	Luke	SM	Greenock Glenpark Harriers	122
215	34:24	Kenny	McDonald	M50	Bellahouston RR	35
216	34:40	James	McLaughlin	M50	Bellahouston Harriers	36
217	34:51	Scott	Hair	SM	Calderglen Harriers	123
218	35:06	Greg	McAlister	M40	West End RR	46
219	35:08	Iain	Crawford	M50	Cambuslang Harriers	37
220	35:14	David	Hoolaghan	M40	Motherwell AC	47
221	35:26	Tony	Breslin	M50	Bellahouston RR	38
222	35:36	Athole	Smith	M60	Garscube Harriers	13
223	35:40	Gregory	Gontor	SM	VP-Glasgow AC	124
224	35:42	Paul	Toland	M40	West End RR	48
225	35:46	Alan	Dunlop	M40	Troon Tortoises AC	49
226	35:48	John J	Collins	SM	Larkhall YMCA Harriers	125
227	35:50	Darren	Shields	SM	Bellahouston Harriers	126
228	35:52	John	Burns	M60	Motherwell AC	14
229	35:52	Gerry	Gallacher	M40	Greenock Glenpark Harriers	50
230	36:01	William	Goldie	M60	Dumbarton AAC	15
231	36:13	Alan	O'Rourke	M50	Greenock Glenpark Harriers	39
232	36:24	Alastair	Patience	M50	Bellahouston Harriers	40
233	36:34	CM	Chesterman	M50	Greenock Glenpark Harriers	41
234	36:47	Kenny	Leinster	M60	Calderglen Harriers	16
235	37:08	John	Dempster	M40	Dumbarton AAC	51
236	38:14	Robert	Stewart	M40	Motherwell AC	52
237	39:56	Frank	McMahon	M70	Greenock Glenpark Harriers	1
238	41:24	Russell	Couper	M50	Calderglen Harriers	42

U13 Girls Teams**Pos Team Name**

1	Giffnock North AC
2	Law & District AAC
3	Shettleston Harriers
4	Ayr Seaforth AC
5	East Kilbride AC
6	Kilmarnock H&AC
7	Motherwell AC
8	Springburn Harriers
9	Kilbarchan AAC
10	Cambuslang Harriers
11	Garscube Harriers
12	VP-Glasgow AC
13	North Ayrshire AC
14	Inverclyde AC
15	Greenock Glenpark Harriers
16	Helensburgh AAC

Pts Athlete

25	1 Emma Nicholson (1)
39	2 Emily Taylor (2)
54	7 Zoe Roberts (7)
59	18 Isla Milligan (18)
60	15 Zoe Baillie (15)
62	9 Ava Warboys (9)
64	3 Lena Skrzydlewska (3)
99	5 Brooke Dawson (5)
101	27 Isla Murray (27)
120	4 Brooke Walker (4)
125	8 Florence Skinner (8)
126	16 Caitlin Laing (16)
149	35 Isla Preston (35)
178	24 Rosie Callan (24)
226	71 Orla Trainer (71)
226	56 Lucy Mackenzie (56)

Athlete

10	Chloe Simpson (10)
6	Abbie Boyle (6)
13	Eilidh Stephen (13)
20	Abigail Good (20)
22	Nina Clark (22)
11	Megan Haggarty (11)
28	Martha Steel (28)
30	Willow Smith (30)
29	Kira Mitchell (29)
49	Ava Starrs (49)
44	Constance Gardiner (44)
53	Phoebe Bonham (53)
48	Kaiti McCue (48)
76	Rosa Currie (76)
75	Iona Quigley (75)
82	Charlotte Perrett (82)

Athlete

14	Olivia Gavin (14)
31	Grace Frod (31)
34	Charlotte Reilly (34)
21	Emily Good (21)
23	Melissa Ashelby (23)
42	Lacey Naismith (42)
33	Emily Devine (33)
64	Caoimhe McNulty (64)
45	Rebecca McCulloch (45)
67	Sophia Ewart (67)
73	Lena Weidenhammer (73)
57	Chloe Bryant (57)
66	Tilly Carroll (66)
78	Ella Pollard (78)
80	Stella McCabe (80)
88	Alice Heasman (88)

U13 Boys Teams**Pos Team Name**

1	Giffnock North AC
2	Kilmarnock H&AC
3	Kilbarchan AAC
4	Garscube Harriers
5	East Kilbride AC
6	VP-Glasgow AC
7	Cambuslang Harriers
8	Helensburgh AAC
9	West Dunbartonshire AC

Pts Athlete

10	1 Evan Tyler (1)
41	3 Callum Cooke (3)
62	6 Tyler McMeekin (6)
64	15 Brodie Burnett (15)
85	16 Owen Palmer (16)
104	24 Andrew William Ross (24)
119	36 Niall Smith (36)
124	25 Callum Murphy (25)
127	37 Ross Atkinson (37)

Athlete

4	Finlay Hamilton (4)
18	Calum Fitzgerald (18)
27	Oran Feely (27)
17	Samuel Robertson (17)
34	Harris Rosling (34)
33	Murray Freer (33)
40	David Lyon (40)
49	Bruno Sweeney (49)
44	Aidan Le Page (44)

Athlete

5	Christopher Cameron (5)
20	Harris Steven (20)
29	Noah Kerr (29)
32	Sorley Gemmell (32)
35	Calum McCormick (35)
47	Noah Freer (47)
43	Aiden O'connell (43)
50	Jonathan Platt (50)
46	Sean Bennett (46)

U15 Girls Teams**Pos Team Name**

1	Giffnock North AC
2	Inverclyde AC
3	North Ayrshire AC
4	VP-Glasgow AC
5	Law & District AAC
6	Kilbarchan AAC

Pts Athlete

16	3 Holly Simpson (3)
24	1 Grace Barry (1)
43	4 Lola Finnigan (4)
51	8 Anna Elizabeth Ross (8)
72	2 Lucy Taylor (2)
90	23 Amelie Kerr (23)

Athlete

6	Lucy Tonner (6)
10	Olivia Lyne (10)
15	Emy Finnigan (15)
14	Freya Matheson (14)
27	Olivia Inglis (27)
33	Lucy Preiss (33)

Athlete

7	Eve Cameron (7)
13	Nuala Munro (13)
24	Ella McMillan (24)
29	Mora McArdle (29)
43	Eilidh Boyle (43)
34	Daisy De Lange (34)

U15 Boys Teams**Pos Team Name**

1	Giffnock North AC
2	Garscube Harriers
3	Law & District AAC
4	Cambuslang Harriers
5	Kilmarnock H&AC

Pts Athlete

7	1 Louie Muir (1)
26	5 Connor Campbell (5)
46	8 Cameron Chambers (8)
68	17 Rory Barclay (17)
88	20 Jamie Walker (20)

Athlete

2	Max Deery (2)
10	Connor Birnie (10)
14	Blair Beverley (14)
23	Jack Gillon (23)
32	Callum Oneill (32)

Athlete

4	Cameron Nugent (4)
11	Archie Loch (11)
24	Jamie Mackie (24)
28	Oliver Lievonen (28)
36	Logan Peddie (36)

U17 Men Teams

Pos	Team Name	Pts	Athlete	Athlete	Athlete
1	Kilbarchan AAC	20	3 Alistair Street (3)	5 Joshua Mungin (5)	12 Andrew Shorts (12)
2	Cambuslang Harriers	21	1 Daibhidh Kinnaird (1)	9 John Frod (9)	11 Angus O'Neil (11)
3	Giffnock North AC	32	2 Alasdair Maclean (2)	10 Aaron Reid (10)	20 Matthew Hill (20)
4	Garscube Harriers	39	7 Daniel Hendry (7)	8 Daniel Owens (8)	24 Kyle Thomson (24)

U17 Women Teams

Pos	Team Name	Pts	Athlete	Athlete	Athlete
1	Giffnock North AC	15	3 Freya Campbell (3)	5 Scarlett Wilson (5)	7 Isla Munro (7)
2	Kilbarchan AAC	23	1 Zara Redmond (1)	6 Clara Bain (6)	16 Olivia Cooper (16)
3	Garscube Harriers	39	10 Nina Padmanabhan (10)	14 Eilidh Wilson (14)	15 Sophie Gibbons (15)
4	East Kilbride AC	42	4 Matilda Frew (4)	13 Eva Morrison (13)	25 Katie Fielding (25)

U20 Men Teams

Pos	Team Name	Pts	Athlete	Athlete	Athlete
1	Giffnock North AC	9	1 Oliver Macdonald (1)	3 Glen Griffiths (3)	5 Alasdair Nugent (5)
2	Strathclyde University Harriers	46	8 Ben Seath (8)	16 Joshua Mirtle (16)	22 Matthew Sweeney (22)
3	Kilbarchan AAC	47	2 Fraser Gilmour (2)	17 Ryan Knights (17)	28 Ryan Fitzpatrick (28)
4	Cambuslang Harriers	50	12 Lewis Roddis (12)	15 Finlay Robb (15)	23 Gabriel Murphy (23)
5	East Kilbride AC	51	10 Sam Hosie (10)	14 Aaron Thomson (14)	27 Jonathan Hunter (27)
6	Glasgow University Hares & Hounds	61	9 Seonaidh MacInnes (9)	20 Luke McDowell (20)	32 Cieron Hadfield (32)

U20 Women Teams

Pos	Team Name	Pts	Athlete	Athlete	Athlete
1	Giffnock North AC	6	1 Saoirse McNulty (1)	2 Emma McLennan (2)	3 Ruth Walsh (3)
2	Glasgow University Hares & Hounds	19	5 Sasha l'Anson (5)	6 Valencia Wright (6)	8 Ella Nicholson (8)

Senior Women Teams

Pos	Team Name	Pts	Athlete	Athlete	Athlete	Athlete
1	Cambuslang Harriers	41	3 Eve MacKinnon (3)	6 Zoe Pflug (6)	14 Katie Clubb (14)	18 Holly Little (18)
2	Shettleston Harriers	63	1 Lynn McKenna (1)	19 Hannah Terrance (19)	20 Charlotte McKenna (20)	23 Avril Mason (23)
3	Garscube Harriers	75	7 Monica Blair (7)	11 Lesley Bell (11)	21 Katie White (21)	36 Gillian Blee (36)
4	Giffnock North AC	106	8 Emma Creasey (8)	9 Heather Barnes (9)	32 Allie Chong (32)	57 Hilary Carswell (57)
5	Bellahouston Harriers	120	2 Rosa Donaldson (2)	25 Emily Renfrew (25)	37 Kristina Glynn (37)	56 Katherine Hylands (56)
6	Springburn Harriers	125	10 Michelle Sandison (10)	12 Catriona Gillen (12)	34 Ruth Fraser-Moodie (34)	69 Fiona MacCormick (69)
7	Bellahouston RR	162	5 Catriona MacDonald (5)	44 Jennifer Conway (44)	47 Sophie Jenkins (47)	66 Katie Blackett (66)
8	Glasgow University Hares & Hounds	181	31 Flora Henry (31)	38 Anna Dalglish (38)	50 Tara Tallulah Garioch (50)	62 Linnea Skalberg (62)
9	VP-Glasgow AC	207	45 Lucy Olsen (45)	48 Emma Thompson (48)	54 Christine Mackie (54)	60 Anna Bennett (60)
10	Law & District AAC	211	35 Reagan Binnie (35)	49 Elaine Boyle (49)	51 Christine Neill (51)	76 Lesley Graham (76)
11	Greenock Glenpark Harriers	333	75 Ashley Anderson (75)	81 Jennifer Rooney (81)	82 Jill Aikman (82)	95 Lorna Mitchell (95)

Masters Women Teams

Pos	Team Name	Pts	Athlete	Athlete	Athlete
1	Garscube Harriers	15	11 Lesley Bell (2)	21 Katie White (4)	36 Gillian Blee (9)
2	Springburn Harriers	26	10 Michelle Sandison (1)	34 Ruth Fraser-Moodie (8)	69 Fiona MacCormick (17)
3	Giffnock North AC	38	32 Allie Chong (7)	57 Hilary Carswell (13)	71 Sheila Lewis (18)
4	Cambuslang Harriers	62	58 Kirsty O'Brien (14)	80 Bernadette O'Neil (23)	84 Julie Reid (25)
5	Bellahouston Harriers	71	59 Marianne Wilson (15)	87 Kirsty Milton-moir (26)	93 Lauren Mackay (30)
6	East Kilbride AC	81	43 Kelly Baillie (10)	74 Vivien Thorpe (19)	126 Laura Maria Hervas (52)
7	Bellahouston RR	85	68 Veronica Fusaro (16)	96 Pauline Wright (33)	101 Charlotte Parkinson (36)
8	Greenock Glenpark Harriers	94	82 Jill Aikman (24)	95 Lorna Mitchell (32)	104 Viki Smith (38)

Senior Men Teams

Pos	Team Name	Pts	Athlete	Athlete	Athlete	Athlete	Athlete
1	Cambuslang Harriers	55	2 Kevin Campbell (2)	8 Jamie MacKinnon (8)	9 Callum Tharme (9)	11 Fraser Stewart (11)	12 Cameron Smith (12)
2	Shettleston Harriers	95	1 Seyd Taha Ghafari (1)	3 Jamie Burns (3)	17 James Wootton (17)	20 Sam Lesley (20)	26 Cameron Muir (26)
3	Bellahouston Harriers	236	14 Jack Heathwood (14)	16 Matthew O'Connor (16)	37 Adam Stark (37)	50 Fraser Armstrong (50)	53 Brent Brodie (53)
4	Glasgow University Hares & Hounds	327	22 Finlay Raynor (22)	39 Stephen Addison (39)	48 Simon Dalton Celis (48)	49 Matthew Carlin (49)	51 Hayden Rafferty (51)
5	Bellahouston RR	350	24 Oscar Coetzee (24)	38 Josh Evans (38)	44 Calum Borthwick (44)	69 Paul McNairn (69)	86 Stuart Laurence (86)
6	East Kilbride AC	383	19 John Fergusson (19)	34 Patrick Mochan (34)	42 Jack Kirwan (42)	61 Euan Rose (61)	112 David Gorman (112)
7	Greenock Glenpark Harriers	395	45 Andrew McCall (45)	55 Lewis Khan (55)	60 John Logan (60)	68 Paul Monaghan (68)	70 Daniel Doherty (70)
8	Strathclyde University Harriers	403	21 Tom Porter (21)	35 Alasdair McMonagle (35)	41 Euan Bell (41)	74 Finn Allan (74)	111 Christopher Main (111)
9	Kilmarnock H&AC	474	23 Martin Brown (23)	31 Craig Ferguson (31)	71 David McLure (71)	72 Tom Flood (72)	117 Ross McNaught (117)
10	Garscube Harriers	646	52 John Connolly (52)	59 Euan Convery (59)	113 Ian Thomson (113)	120 James Reid (120)	143 Neil Smith (143)
11	VP-Glasgow AC	815	94 Cameron Mackie (94)	105 Travis George (105)	108 Noel Slevin (108)	165 Alex Potter (165)	166 Iain Harding (166)
12	Motherwell AC	857	18 Jonathan Moore (18)	102 Alan Tait (102)	167 Kenneth Thom (167)	173 Grant Fawcett (173)	195 Shane Semple (195)
13	Westerlands CCC	873	80 Ross Anderson (80)	139 James Bryson (139)	145 Felton Humble (145)	161 Stephen Forcer (161)	169 Andrew Mott (169)
14	Glasgow FrontRunners	954	101 Ross Milne (101)	116 Stuart Miller (116)	168 Edmund White (168)	175 Chris Watson (175)	191 Neil Montgomery (191)
15	Calderglen Harriers	1160	129 Alan Derrick (129)	148 Andrew Buchanan (148)	194 Jason Grant (194)	217 Scott Hair (217)	234 Kenny Leinster (234)
16	Dumbarton AAC	1170	107 Joshua Farrell (107)	187 Tom Butler (187)	205 Kieran McQuade (205)	206 Chris Johnstone (206)	230 William Goldie (230)
							13 Kevan Harvey (13)
							28 Cameron Young (28)
							66 Lee Shaw (66)
							118 Dan De Luca (118)
							89 Bruce Carse (89)
							115 Jamie Clements (115)
							97 Steven Campbell (97)
							121 Alex Manley (121)
							160 Greig Glendinning (160)
							159 Craig Smith (159)
							177 Tom Ord (177)
							202 David Burns (202)
							179 Daniel Reid (179)
							203 Iain Newman (203)
							238 Russell Couper (238)
							235 John Dempster (235)

Masters Men Teams

Pos	Team Name	Pts	Athlete	Athlete	Athlete
1	Cambuslang Harriers	25	36 Colin Reilly (2)	54 Ian Hodge (5)	87 Mark King (18)
2	Shettleston Harriers	29	63 Iain Burns (7)	64 Chris Grant Pantrey (8)	73 Ronald Strachan (14)
3	Bellahouston RR	31	24 Oscar Coetzee (1)	69 Paul McNairn (11)	89 Bruce Carse (19)
4	Greenock Glenpark Harriers	44	68 Paul Monaghan (10)	70 Daniel Doherty (12)	97 Steven Campbell (22)
5	Bellahouston Harriers	62	53 Brent Brodie (4)	82 Donald MacLaren (16)	142 Neil Milligan (42)
6	Garscube Harriers	75	52 John Connolly (3)	113 Ian Thomson (29)	143 Neil Smith (43)
7	Helensburgh AAC	81	83 Richard O'Grady (17)	104 Michael Sweeney (27)	132 Craig Binnie (37)
8	Ayr Seaforth AC	98	62 Kenneth Neill (6)	138 Alasdair Meldrum (39)	155 Peter Maclean (53)
9	Kilmarnock H&AC	139	71 David McLure (13)	160 Greig Glendinning (55)	183 Nicholas Carter (71)
10	Motherwell AC	146	102 Alan Tait (25)	167 Kenneth Thom (59)	173 Grant Fawcett (62)
11	East Kilbride AC	147	131 Keith Charters (36)	149 Andrew Chapman (47)	176 Arthur Mulholland (64)
12	Calderglen Harriers	160	129 Alan Derrick (35)	148 Andrew Buchanan (46)	194 Jason Grant (79)
13	Westerlands CCC	161	145 Felton Humble (45)	161 Stephen Forcer (56)	169 Andrew Mott (60)
14	VP-Glasgow AC	180	165 Alex Potter (57)	166 Iain Harding (58)	177 Tom Ord (65)
15	West End RR	180	67 Stephen Brown (9)	190 Allen Campbell (77)	218 Greg McAlister (94)
16	Tron Tortoises AC	202	141 Matt Pearce (41)	172 John McCabe (61)	225 Alan Dunlop (100)